



**YMCA-YWCA
Vancouver Island**

**Volunteer Group Fitness Instructor – Yoga or Pilates
Eagle Creek YMCA-YWCA (View Royal, BC)**

Vacancies: 1

Position: Volunteer

Placement: Immediate

Hours: Monday – Thursday evenings, 6:00-7:00pm or 7:00-8:00pm (hours based on instructor availability)

Nature and Scope:

The Volunteer Group Fitness Instructor – Yoga or Pilates designs, modifies, and instructs safe, effective and appropriate Yoga or Pilates fitness programs to meet the needs of members, community and special populations in a group fitness setting. Reporting to the Centre Manager, the Volunteer Group Fitness Instructor – Yoga or Pilates ensures members understand benefits of exercise and feel comfortable with the fitness program.

Responsibilities:

- To engage, motivate and lead individuals in a group fitness class setting safely
- To plan, organize and implement lesson plans
- To demonstrate a commitment to safety in program delivery
- To ensure excellent customer service is provided
- Model appropriate behaviours in line with our Mission, Vision and Values
- Represent the Association in a professional manner
- Develop and maintain professional and courteous relationships with members and participants

Qualifications:

- Education: High School graduation
- YMCA Group Fitness Instructor – Yoga or Pilates certification (or equivalent relevant Yoga or Pilates certification)
- Experience as a fitness instructor with group classes is an asset
- Experience and/or training in multiple fitness formats is an asset
- Current Standard First Aid and CPR C required
- A clear Police/RCMP Criminal Record Check with Vulnerable Sector Screening required

To Apply: Please send a cover letter and resume to:

Human Resources
YMCA-YWCA of Vancouver Island
Email: hr@vancouverislandy.com

Please Note:

- 1. Application Deadline:** This posting will close when a suitable candidate has been found.
- 2. We thank all applicants, but only short-listed candidates will be contacted.**

The YMCA-YWCA of Vancouver Island is an equal opportunity employer.