



**Volunteer Group Fitness Instructor (Substitute) – Yoga
Westhills YMCA-YWCA (Langford, BC)**

Vacancies: 1-2

Placement: Immediate

Position: Volunteer

Nature and Scope:

The Volunteer Group Fitness Instructor (Substitute) – Yoga designs, modifies, and instructs safe, effective and appropriate Yoga fitness programs to meet the needs of members, community and special populations in a group fitness setting. The Volunteer Group Fitness Instructor (Substitute) – Yoga ensures members understand benefits of exercise and feel comfortable with the fitness program. The volunteer will perform work according to YMCA-YWCA values, objectives, policies, and health and safety and risk management programs.

The Volunteer Group Fitness Instructor (Substitute) – Yoga will be based at the Westhills YMCA-YWCA facility, and will be responsible for providing substitute class coverage. Classes are continuous throughout the year.

Responsibilities:

- To engage, motivate and lead individuals in a group fitness class setting safely
- To plan, organize and implement lesson plans
- To demonstrate a commitment to safety in program delivery
- To ensure excellent customer service is provided
- Model appropriate behaviours in line with our Mission, Vision and Values
- Represent the Association in a professional manner
- Develop and maintain professional and courteous relationships with members and participants

Qualifications:

- High School graduation/diploma
- YMCA Group Fitness Instructor certification in Yoga or equivalent relevant Yoga certification
- Experience as a fitness instructor with group classes is an asset
- Experience and/or training in multiple fitness formats is an asset
- Current Standard First Aid and CPR C required
- A clear Police/RCMP Criminal Record Check with Vulnerable Sector Screening required

To Apply: Please send a cover letter and resume to:

Human Resources
YMCA-YWCA of Vancouver Island
Email: hr@vancouverislandy.com

Please Note:

1. **Application Deadline:** This posting will close when suitable candidates have been found.

2. We thank all applicants, but only short-listed candidates will be contacted.

The YMCA-YWCA of Vancouver Island is an equal opportunity employer.