



Your Y Membership

To make your membership experience outstanding, the Y is providing more membership options to better suit you and your lifestyle. Month-to-month payments make it easy to join. Memberships are established on a continuous monthly plan, no locked-in contracts.

	BASIC <i>No Frills</i>	CLASSIC <i>Best Value Membership</i>	PREMIUM <i>All The Extras</i>
Fitness Centre Access	✓	✓	✓
Fitness Orientation	✓	✓	✓
Small Group Training	✗	✓	✓
Personal Coaching	✗	✓ Bi-monthly	✓ Bi-weekly
Bring Your Own Trainer	✗	✗	✓ Unlimited
Bring Your Physio	✗	✓ 1/qtr	✓ Unlimited
Fitness Workshops	✗	✓	✓
Group Fitness Classes	✓	✓	✓
Specialty/Limited Equipment Classes	✗	✓	✓
Swimming Pool Access	✓	✓	✓
Swim Lessons	✗	✓	✓
Playcare*	✓ 2x/wk (any combo of the 2 options)	✓	✓
Childrens Drop In Programs*	✓ 2x/wk (any combo of the 2 options)	✓	✓
Family Drop In Programs*	✓	✓	✓
Registered Programs	✗	✓	✓
Racquet Courts (<i>downtown Y</i>)	✓ Book day of	✓ Pre-book 2 days	✓ Pre-book 2 days
Multi Centre	✗ Home branch only	✓	✓
Guest Passes / Yr	3	6	12
Membership Holds	✓ Max 1 month	✓ Max 3 months	✓ Max 6 months
Financial Assistance	✗	✓	✗

*included family membership ONLY

Adult 25+ yrs	\$35/mo	\$51/mo	\$75/mo
Young Adult 18-24 yrs	\$35/mo	\$42/mo	\$75/mo
Teen 13-17 yrs	\$30/mo	\$35/mo	\$70/mo
Child 0-12 yrs	-	\$28/mo	-
Family	\$65/mo	\$91/mo	\$140/mo
Family Household	-	\$137/mo	-

OPTION: Plus Change Rooms
(Victoria - Downtown Only)

18+ years add PLUS change room to Basic, Classic, or Premium membership |

Women \$15/mo
Men \$22/mo

All fees are subject to applicable taxes

All fees and programs are subject to change at the Y's discretion

**For more information visit our website or contact
Membership Services at 250.386.7511 or memberservices@vancouverislandy.ca**