



**Program Fitness Staff & Duty Manager  
Westhills YMCA-YWCA (Langford, BC)**

**Vacancies:** 1

**Position:** Casual

**Placement:** March 2019

**Salary:** \$15.55/hour (Program Fitness Staff rate); \$17.97/hour (Duty Manager rate)

**Hours:** Saturdays, 3:00-9:15pm, plus additional shift coverage as needed/able to cover (early morning, day, evening, and/or weekend shifts). Flexibility in work schedule is required to accommodate the needs of the position (up to 19.5 hours per week). Additional regular shifts may be possible.

**Nature and Scope:**

The Program Fitness Staff will work collaboratively with other staff and volunteers, and are responsible for providing safe, fun and educational programs and service to members and participants in a fitness environment. A key function of their role is to assist individual members with their fitness programs, in a positive and professional manner. These staff will also build meaningful relationships through daily interaction with Y members, visitors, and colleagues; and work in collaboration with the Membership and Service staff to support member sales and retention efforts. Some Program Fitness Staff responsibilities could include leading a regular group fitness class.

This casual position is entitled to an individual YMCA-YWCA membership.

**Responsibilities:**

- Perform member orientations to the fitness facility
- Maintain an atmosphere of achievement that inspires self and others to succeed
- Ensure the safety of all members, participants, staff, and property by following YMCA-YWCA standards/policies/procedures and ensuring they are maintained amongst all members and staff
- Monitor commitment to service excellence by role modelling and maintaining YMCA SAM 2.1 standards
- Assist with training new staff/volunteers in procedures and practices
- Effectively support the operation of the facility, including opening and closing procedures

**Qualifications:**

- YMCA Group Fitness certification or equivalent certification required
- YMCA Personal Training certificate (or BCRPA Weight Trainer) or equivalent certification required
- Excellent organizational, customer service and relationship building skills
- Current Standard First Aid and CPR C required
- A clear Police/RCMP Criminal Record Check with Vulnerable Sector Screening required

**Competencies:**

- Commitment to Organization Vision and Values
- Commitment to Health and Safety
- Customer Service

- Teamwork
- Communication
- Problem Solving
- Planning and Organization

**To Apply:** Please send a cover letter and resume to:

Human Resources  
YMCA-YWCA of Vancouver Island  
Email: [hr@vancouverislandy.ca](mailto:hr@vancouverislandy.ca)

***Please Note:***

- 1. Application Deadline:*** This posting will close when a suitable candidate has been found.
- 2. Please indicate in your cover letter how you heard about this position.***
- 3. Internal applicants are expected to inform their supervisor prior to application.***
- 4. We thank all applicants, but only short-listed candidates will be contacted.***

*The YMCA-YWCA of Vancouver Island is an equal opportunity employer.*