



Team Leader - Fitness
Downtown Victoria YMCA-YWCA

Vacancies: 1

Position: Term (providing leave coverage, end date unknown)

Placement: May 2019

Salary: \$17.97/hour to start, increasing to \$19.00/hour after successful completion of probationary period.

Schedule: Sunday - Thursday (flexibility is required - may be required to work early morning, afternoon, evening and weekend shifts); 35 hours per week.

Nature and Scope:

The Team Leader - Fitness, is a dynamic leader who ensures that professional standards are demonstrated and applied in all related YMCA-YWCA classes, programs and services. Emphasis is placed on the ability to effectively support and deliver high quality group and individual fitness programming. The successful candidate will be highly motivated, organized, resourceful and capable of maintaining a positive, caring, service-oriented environment.

Reporting to the Program Coordinator - Fitness, this person will work as a member of the Health, Fitness and Aquatics staff team. A willingness to work a flexible schedule is required as shifts may vary and will include evenings and weekends.

This term position is entitled to an individual YMCA-YWCA membership.

Responsibilities:

- Assist the Program Coordinator - Fitness to organize, schedule and supervise the operation of Fitness Orientations, Personal Coaching Sessions and Group Fitness classes
- Deliver Fitness Orientations, Personal Coaching Sessions and teach group fitness classes
- Ensure staff and volunteers maintain required up-to-date certification, facilitate and recommend professional development workshops and facilitate in-service training programs
- Adhere to the Association program plan and YMCA SAM Standards in program and service delivery
- Provide on-going supervision of the program area ensuring proper behaviour, correct use of facility and that members are aware of and adhere to YMCA-YWCA policies and the Member Code of Conduct
- Participate in annual campaign events and fundraising initiatives
- Educate members and the public regarding safe exercise habits and ensure all safety and proper exercise procedures are followed
- Take an active role in the recruitment, training and development of volunteer instructors
- Serve as the Duty Manager for the branch as required

Qualifications:

- University Degree or College Diploma in a related field

- YMCA Personal Trainer certification and YMCA Group Fitness Certification in a minimum of 2 specialty areas (or equivalent).
 - Those only having 1 of the above will be required to obtain the other (training provided)
- Current Standard First Aid and CPR C required
- A clear Police/RCMP Criminal Record Check with Vulnerable Sector Screening required
- Excellent customer service skills
- Strong computer skills (Word, Excel, Outlook); registration software is an asset
- Minimum 2 years of health and fitness program related experience; experience supervising staff and volunteers

Competencies:

- Commitment to Organization Vision and Values
- Leadership
- Commitment to Health and Safety
- Conflict Resolution
- Coaching and Development
- Service Attitude/Customer Focus
- Relationship Building
- Communication
- Teamwork

To Apply: Please send a cover letter and resume to:

Human Resources
 YMCA-YWCA of Vancouver Island
 Email: hr@vancouverislandy.ca

Please Note:

- 1. Application Deadline:** This posting will close when a suitable candidate has been found.
- 2. Please indicate in your cover letter how you heard about this position.**
- 3. Internal applicants are expected to inform their supervisor prior to application.**
- 4. We thank all applicants, but only short-listed candidates will be contacted.**

The YMCA-YWCA of Vancouver Island is an equal opportunity employer.