



**Group Fitness Instructor - Yoga
Downtown Victoria YMCA-YWCA**

Vacancies: 1-2

Position: Casual

Placement: Immediate

Wage: \$32.96/one-hour class

Hours: Tuesdays 7:00 - 8:00pm

Wednesdays 7:00 - 8:00pm

Thursdays 12:00 - 1:00pm

Sundays 10:30am - 1:00pm

(With the ability to provide additional shift coverage as needed)

Nature and Scope:

The Group Fitness Instructor - Yoga designs, modifies, and instructs safe, effective and appropriate Yoga fitness programs to meet the needs of members, community and special populations in a group fitness setting. Reporting to the Program Coordinator - Fitness at the Downtown Victoria Y, the Group Fitness Instructor - Yoga ensures members understand benefits of exercise and feel comfortable with the fitness program. The Group Fitness Instructor - Yoga performs work according to YMCA-YWCA values, objectives, policies, and health and safety and risk management programs. The successful candidate for this position will be provide additional shift coverage as needed; availability on short notice for coverage is an asset.

This casual position is entitled to an individual YMCA-YWCA membership.

Responsibilities:

- To engage, motivate and lead individuals in a group fitness class setting safely
- To plan, organize and implement lesson plans
- To demonstrate a commitment to safety in program delivery
- To ensure excellent customer service is provided
- Model appropriate behaviours in line with our Mission, Vision and Values
- Represent the Association in a professional manner
- Develop and maintain professional and courteous relationships with members and participants

Qualifications:

- Education: High School graduation
- YMCA Group Fitness Instructor - Yoga certification or equivalent relevant Yoga certification
- 1 year experience as a Group Fitness Instructor with group classes or an equivalent combination of education and experience
- Experience and/or training in multiple fitness formats is an asset
- Current Standard First Aid and CPR C required
- A clear Police/RCMP Criminal Record Check with Vulnerable Sector Screening required



Competencies:

- Commitment to Organization Vision and Values
- Leadership
- Commitment to Health and Safety
- Conflict Resolution
- Coaching and Development
- Service Attitude/Customer Focus
- Relationship Building
- Communication
- Teamwork

To Apply: Please send a cover letter and resume to:

Human Resources
YMCA-YWCA of Vancouver Island
Email: hr@vancouverislandy.ca

Please Note:

- 1. Application Deadline:** *This posting will close when a suitable candidate has been found.*
- 2. Please indicate in your cover letter how you heard about this position.**
- 3. Internal applicants are expected to inform their supervisor prior to application.**
- 4. We thank all applicants, but only short-listed candidates will be contacted.**

The YMCA-YWCA of Vancouver Island is an equal opportunity employer.