

Westhills YMCA-YWCA - Holiday Pool Schedule



Vancouver Island

Effective December 16th- 19th, 2018

Monday December 16th				Tuesday December 17th				Wednesday December 18th				Thursday December 19th			
whirlpool open 6am-9pm				whirlpool open 6am-9pm				whirlpool open 6am-9pm				whirlpool open 6am-9:30pm			
lane pool	leisure pool	therapy pool		lane pool	leisure pool	therapy pool		lane pool	leisure pool	therapy pool		lane pool	leisure pool	therapy pool	
6am full lane swim		open swim		6am full lane swim		open swim		6am full lane swim		open swim		6am full lane swim		open swim	
630am 6am-9:55am		4ft		630am 6am-9:55am		4ft		630am 6am-9:55am		4ft		630am 6am-9:55am		4ft	
7am		6am-9:30am		7am		6am-9:30am		7am		6am-9:45am		7am		6am-9:30am	
730am				730am				730am				730am			
8am				8am				8am				8am			
830am				830am				830am				830am			
9am				9am				9am	aqua circuit 9-9:45			9am			
930am	kids splash			930am	kids splash			930am	kids splash			930am	kids splash		
10am aquafit	9:30am-12:00pm	kids splash - 1ft		10am aquafit	9:30am-12:00pm	kids splash - 1ft		10am aquafit	9:45am-12:00pm	kids splash - 1ft		10am aquafit	9:30am-12:00pm	kids splash - 1ft	
1030am 10:05-10:55am		10:00am-12:30pm		1030am 10:05-10:55am		10:00am-12:30pm		1030am 10:05-10:55am		10:00am-12:30pm		1030am 10:05-10:55am		10:00am-12:30pm	
11am full lane swim	River 11:15-12pm			11am full lane swim	River 11:15-12pm			11am full lane swim	River 11:15-12pm			11am full lane swim	River 11:15-12pm		
1130am 11:15-12:30pm				1130am 11:15am-2:00pm				1130am 11:15-1pm				1130am 11:15am-2:00pm			
12noon				12noon				12noon				12noon			
1230pm partial lane swim				1230pm				1230pm				1230pm			
1pm 12:30-2:00	kids splash	open swim - 3ft		1pm	kids splash	open swim - 3ft		1pm partial lane swim	kids splash	open swim - 3ft		1pm	kids splash	open swim - 3ft	
130pm	1-3:55pm	1-8:30pm		130pm	1-3:55pm	1-8:30pm		130pm	1-3:55pm	1:00-8:30pm		130pm	1-3:55pm	1-8:30pm	
2pm full lane swim				2pm partial lanes swim				2pm full lane swim				2pm partial lanes swim			
230pm 2:00-4:30pm				230pm 2:00-6:25pm				230pm 2:00-4:30pm				230pm 2:00-6:25pm			
3pm				3pm				3pm				3pm			
330pm				330pm				330pm				330pm			
4pm				4pm				4pm				4pm			
430pm partial lane swim	kids splash			430pm	kids splash			430pm partial lane swim	kids splash			430pm	kids splash		
5pm 4:30-7:25pm	4:30-6:00pm			5pm 4:30-7:25pm	4:30-6:00pm			5pm 4:30-7:25pm	4:30-6:00pm			5pm 4:30-7:25pm	4:30-6:00pm		
530pm	river available			530pm	river available			530pm	river available			530pm	river available		
6pm				6pm				6pm				6pm			
630pm				630pm aquafit				630pm				630pm aquafit			
7pm	open swim 6:00-8:30			7pm 6:35pm-7:25pm	open swim 6:00-8:30			7pm	open swim 6:00-8:30			7pm 6:35pm-7:25pm	open swim 6:00-8:30		
730pm aquafit				730pm partial lane swim				730pm aquafit				730pm partial lane swim			
8pm 7:35-8:25pm				8pm 7:30-8:30pm				8pm 7:35-8:25pm				8pm 7:30-8:30pm			
830pm adult lane swim				830pm adult lane swim				830pm adult lane swim				830pm adult lane swim			
9pm 8:40-9:30pm		Adult Open Swim 4ft		9pm 8:40-9:30pm		adult open swim		9pm 8:40-9:30pm		adult open swim		9pm 8:40-9:30pm		adult open swim	
930pm		8:45-9:30pm		930pm		8:45-9:30pm		930pm Masters 8:30-9:30		8:45-9:30pm		930pm		8:45-9:30pm	

**Leisure Pool**

**Kids Splash** - Water features available: Geysers, Pipe Falls, Lemon Drops and Tea Cup. The Lazy River will be available as per schedule.

**Family Swim** - Water features available: Waves, Lazy River, Geysers, Pipe Falls, Lemon Drops and Teacup.

**Open Swim** - Water features available: Slides, Waves, Lazy River, Geysers, Pipe Falls, Lemon Drops and Teacup.

**Therapy Pool**

**Kids Splash** - Pool Depth: 1FT/0.3M

**Open Swim** - Pool Depth: 3FT/0.9M

**Adult Open Swim** - Pool Depth: 4FT/1.2M

**Lane Pool**

**Full Lane Swim** - All lanes are available for length swimming.

**Partial Lane Swim** - Lane pool will be shared for lane swimming and open swim or programs.

Depending on programming, minimum one lane for lane swimming will be in available.

Updated December 15, 2019

Westhills YMCA-YWCA - Holiday Pool Schedule



Vancouver Island

Effective December 20th- 23rd, 2018

Friday December 20th				Saturday December 21st				Sunday December 22nd				Monday December 23rd			
whirlpool open 6am-9:30pm				whirlpool open 7:30am-8pm				whirlpool open 7:30am-8pm				whirlpool open 6am-4:00pm			
	lane pool	leisure pool	therapy pool		lane pool	leisure pool	therapy pool		lane pool	leisure pool	therapy pool		lane pool	leisure pool	therapy pool
6am	full lane swim		open swim	6am				6am				6am	full lane swim		open swim
630am	6am-9:55am		4ft	630am				630am				630am	6am-9:55am		4ft
7am			6am-9:45am	7am				7am				7am			6am-9:45am
730am				730am	full lane swim		open swim - 4ft	730am	partial lane swim		open swim - 4ft	730am			
8am				8am	7:30am-1:00pm		7:30am-8:30am	8am	7:30am-9:55am		7:30am-8:30am	8am			
830am				830am				830am	Masters 8:00-9:00			830am			
9am		aqua circuit 9-9:45		9am		kids splash	kids splash - 1ft	9am		kids splash	kids splash - 1ft	9am			
930am		kids splash		930am		9am-12:00pm	9am-12:30pm	930am		9am-12:00pm	9am-12:30pm	930am			
10am	aquafit	9:45am-12:00pm	kids splash - 1ft	10am		River 11:00-12:00		10am	aquafit			10am	aquafit	kids splash	kids splash - 1ft
1030am	10:05-10:55am		10:00am-12:30pm	1030am				1030am	10:05-10:55am			1030am	10:05-10:55am	9:30am-12:00pm	10:00am-12:30pm
11am	partial lane swim			11am				11am	full lane swim			11am	full lane swim	River 11:00-12:00	
1130am	11:15am-1:00pm	River 11:15-12		1130am				1130am	11:15am-12:45pm			1130am	11:15am-1pm		
12noon				12noon				12noon				12noon			
1230pm				1230pm				1230pm				1230pm			
1pm	full lane swim	kids splash	family swim - 3ft	1pm	open/partial	open swim	open swim - 3ft	1pm	open/partial	open swim	open swim - 3ft	1pm	open swim/	open swim	open swim
130pm	1:00-4:30pm	1-3:55pm	1-4:30pm	130pm	lane swim	1-3:55pm	1-8pm	130pm	lane swim	1-3:55pm	1-8:30pm	130pm	partial lanes	1-3:55pm	3 ft
2pm				2pm	1-4:30pm			2pm	1-4:30pm			2pm	1:00-4:00pm		1-8:30pm
230pm				230pm				230pm				230pm			
3pm				3pm				3pm				3pm			
330pm				330pm				330pm				330pm			
4pm				4pm				4pm				4pm	full lane swim		
430pm	open/partial lane swim	open swim	open swim	430pm	partial lane swim	kids splash		430pm	partial lane swim	kids splash		430pm	4-6pm	kids splash	
5pm	4:30-8:30pm	4:30-8:30pm	3ft	5pm	4:30-6pm	4:30-6pm		5pm	4:30-6pm	4:30-6pm		5pm		4:30-6pm	
530pm			4:30-8:30pm	530pm		river available		530pm		river available		530pm		river available	
6pm				6pm	open swim/	open swim		6pm	open swim/	open swim		6pm	open swim/	open swim 6-8:30	
630pm				630pm	partial lane swim	6:00-8pm		630pm	partial lane swim	6:00-8pm		630pm	partial lanes		
7pm				7pm	6-8pm			7pm	6-8pm			7pm	6-7:30pm		
730pm				730pm				730pm				730pm	aquafit		
8pm				8pm				8pm				8pm	7:35-8:25pm		
830pm	adult lane swim			830pm				830pm				830pm	adult lane swim		
9pm	8:40-9:30pm		adult open swim	9pm				9pm				9pm	8:30-9:30pm		adult open swim
930pm			8:45-9:30pm	930pm				930pm				930pm			8:45-9:30pm

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