



**Program Fitness Staff  
Downtown Victoria Y**

**Vacancies:** 1

**Position:** Casual

**Placement:** February 2020

**Wage:** \$15.55/hour

**Hours:** Mondays 5:00pm – 7:30pm or 8:00pm, with the ability to provide additional substitute shift coverage (Tuesday, Wednesday, or Thursday evenings). Ability to cover with short notice is an asset.

**Nature and Scope:**

The Program Fitness Staff will work collaboratively with other staff and volunteers, and is responsible for providing safe, fun and educational programs and service to members and participants in a fitness environment. A key function of their role is to assist individual members with their fitness programs, in a positive and professional manner. These staff will also build meaningful relationships through daily interaction with Y members, visitors, and colleagues; and work in collaboration with the Membership and Service staff to support member sales and retention efforts. Some Program Fitness Staff responsibilities could include leading a regular group fitness class.

This casual position is entitled to an individual YMCA-YWCA membership.

**Responsibilities:**

- Provide one-on-one personal coaching
- Lead small group training classes
- Perform member orientations to the fitness facility
- Perform 'teen strength' orientations
- Maintain an atmosphere of achievement that inspires self and others to succeed
- Ensure the safety of all members, participants, staff, and property by following YMCA-YWCA standards/policies/procedures and ensuring they are maintained amongst all members and staff
- Monitor commitment to service excellence by role modelling and maintaining YMCA SAM 2.1 standards
- Assist with training new staff/volunteers in procedures and practices
- Effectively support the operation of the facility, including opening and closing procedures

**Qualifications:**

- YMCA Personal Trainer or equivalent certification required
- YMCA Group Fitness certification or equivalent certification an asset
- Excellent organizational, customer service and relationship building skills
- Current Standard First Aid and CPR C required
- A clear Police/RCMP Criminal Record Check with Vulnerable Sector Screening required

**Competencies:**

- Commitment to Organization Vision and Values
- Commitment to Health and Safety
- Customer Service
- Teamwork
- Communication
- Problem Solving
- Planning and Organization

**To Apply:** Please send a cover letter and resume to:

Human Resources  
YMCA-YWCA of Vancouver Island  
Email: [hr@vancouverislandy.ca](mailto:hr@vancouverislandy.ca)

**Please Note:**

- 1. Application Deadline:** This posting will close when a suitable candidate has been found.
- 2. Please indicate in your cover letter how you heard about this position.**
- 3. Applications will be short-listed for interviews as they are received.**
- 4. Internal applicants are expected to inform their supervisor prior to application.**
- 5. We thank all applicants, but only short-listed candidates will be contacted.**

*The YMCA-YWCA of Vancouver Island is an equal opportunity employer.*