

# Westhills YMCA-YWCA - Spring Break Pool Schedule



Schedule in effect March 16th -29th, 2020.  
Please note schedules are **SUBJECT TO CHANGE**.

Monday				Tuesday				Wednesday				Thursday			
whirlpool open 6am-9:00pm				whirlpool open 6am-9:00pm				whirlpool open 6am-9:00pm				whirlpool open 6am-9:00pm			
	lane pool	leisure pool	therapy pool		lane pool	leisure pool	therapy pool		lane pool	leisure pool	therapy pool		lane pool	leisure pool	therapy pool
6am	full lane swim		open swim	6am	full lane swim		open swim	6am	full lane swim		open swim	6am	full lane swim		open swim
630am	6am-9:55am		4ft	630am	6am-9:55am		4ft	630am	6am-9:55am		4ft	630am	6am-9:55am		4ft
7am			6am-9:30am	7am			6am-9:30am	7am			6am-9:45am	7am			6am-9:30am
730am				730am				730am				730am			
8am				8am				8am				8am			
830am				830am				830am				830am			
9am				9am				9am		aqua circuit 9-9:45		9am			
930am		kids splash		930am		kids splash		930am		kids splash		930am		kids splash	
10am	aquafit	9:30am-12:00pm	kids splash - 1ft	10am	aquafit	9:30am-12:00pm	kids splash - 1ft	10am	aquafit	9:45am-12:00pm	kids splash - 1ft	10am	aquafit	9:30am-12:00pm	kids splash - 1ft
1030am	10:05-10:55am	(river 11:15-12:00)	10:00am-12:30pm	1030am	10:05-10:55am	(river 11:15-12:00)	10:00am-12:30pm	1030am	10:05-10:55am	(river 11:15-12:00)	10:00am-12:30pm	1030am	10:05-10:55am	(River 11:15-12pm)	10:00am-12:30pm
11am	full lane swim			11am	full lane swim			11am	full lane swim			11am	full lane swim		
1130am	11:15am-1pm			1130am	11:15am-1pm			1130am	11:15am-1pm			1130am	11:15am-1pm		
12noon				12noon				12noon				12noon			
1230pm				1230pm				1230pm				1230pm			
1pm	open swim/ partial lanes	open swim	open swim	1pm	open swim/ partial lanes	family swim	open swim - 3ft	1pm	open swim/ partial lanes	open swim	open swim	1pm	open swim/partial lane swim	family swim	open swim - 3ft
130pm		1-3:55pm	3 ft	130pm		1-3:55pm	1-8:30pm	130pm		1-3:55pm	3 ft	130pm		1-3:55pm	1-8:30pm
2pm	1:00-4:00pm		1-8:30pm	2pm	lane swim			2pm	1:00-4:00pm		1-8:30pm	2pm			
230pm				230pm	1-4pm			230pm				230pm			
3pm				3pm				3pm				3pm			
330pm				330pm				330pm				330pm			
4pm	full lane swim			4pm	full lane swim			4pm	full lane swim			4pm	full lane swim		
430pm	4-6pm	kids splash		430pm	4-6:25pm	kids splash 4:30-6pm		430pm	4-6pm	kids splash 4:30-6pm		430pm	4-6:30pm	kids splash 4:30-6pm	
5pm		4:30-6pm		5pm		Lazy River		5pm		Lazy River		5pm		Lazy River	
530pm		Lazy River		530pm				530pm				530pm			
6pm	open swim/ partial lanes	open swim		6pm		open swim 6-8:30		6pm	open swim/ partial lanes	open swim 6-8:30		6pm		open swim 6-8:30	
630pm	6-7:30pm	6-8:30		630pm	aquafit			630pm	6-7:30pm			630pm	aquafit		
7pm				7pm	6:35pm-7:25pm			7pm				7pm	6:35pm-7:25pm		
730pm	aquafit			730pm	open swim/ partial lanes			730pm	aquafit			730pm	open swim/ partial lanes		
8pm	7:35-8:25pm			8pm	7:30-8:30pm			8pm	7:35-8:25pm			8pm	7:30-8:30pm		
830pm	adult lane swim		Closed- Moving Floor	830pm	adult lane swim		Closed- Moving Floor	830pm	adult lane swim		Closed- Moving Floor	830pm	adult lane swim		Closed - Moving Floor
9pm	8:30-9:00pm		adult open swim	9pm	8:30pm-9:00pm		adult open swim	9pm	8:30-9:00pm		adult open swim	9pm	8:30pm-9:00pm		adult open swim
930pm			8:45-9:00pm	930pm			8:45-9:00pm	930pm			8:45-9:00pm	930pm			8:45-9:00pm

## Leisure Pool

**Kids Splash** - Water features available: Geysers, Pipe Falls, Lemon Drops and Tea Cup. The Lazy River will be available as per schedule.

**Family Swim** - Water features available: Waves, Lazy River, Geysers, Pipe Falls, Lemon Drops and Teacup.

**Open Swim** - Water features available: Slides, Waves, Lazy River, Geysers, Pipe Falls, Lemon Drops and Teacup.

## Therapy Pool

**Kids Splash** - Pool Depth: 1FT/0.3M

**Open Swim** - Pool Depth: 3FT/0.9M

**Adult Open Swim** - Pool Depth: 4FT/1.2M

## Lane Pool

**Full Lane Swim** - All lanes are available for length swimming.

**Partial Lane Swim** - Lane pool will be shared for lane swimming and open swim or programs.

Depending on programming, minimum one lane for lane swimming will be in available.

# Westhills YMCA-YWCA - Spring Break Pool Schedule



Vancouver Island

Schedule in effect March 16th -29th, 2020.  
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Friday				Saturday				Sunday			
whirlpool open 6am-9:00pm				whirlpool open 7:30am-7:15pm				whirlpool open 7:30am-7:15pm			
lane pool	leisure pool	therapy pool		lane pool	leisure pool	therapy pool		lane pool	leisure pool	therapy pool	
6am	full lane swim		open swim	6am				6am			
630am	6am-9:55am		4ft	630am				630am			
7am			6am-9:45am	7am				7am			
730am				730am	full lane swim		open swim - 4ft	730am	partial lane swim		open swim - 4ft
8am				8am	7:30am-1pm		7:30am-8:30am	8am	7:30am-9:55am		7:30am-8:30am
830am				830am				830am			
9am		aqua circuit 9-9:45		9am			kids splash - 1ft	9am			kids splash
930am		kids splash		930am	partial lane swim	kids splash	9am-12:30pm	930am	kids splash	1ft	
10am	aquafit	9:45am-12:00pm	kids splash - 1ft	10am	9:30am-7:15pm	9:30am-12:00pm		10am	aquafit	9:30am-12:00pm	9am-12:30pm
1030am	10:05-10:55am		10:00am-12:30pm	1030am		(river 11:00-12:00)		1030am	10:05-10:55am		
11am	full lane swim			11am				11am	full lane swim	(river 11:00-12:00)	
1130am	11:15-1pm			1130am				1130am	11:15am-12:45pm		
12noon				12noon				12noon			
1230pm				1230pm				1230pm			
1pm	partial lane swim	kids splash	open swim - 3ft	1pm	open swim	open swim - 3ft		1pm	open/partial	open swim	open swim - 3ft
130pm	1-4:30pm	1-3:55pm	1-4:30pm	130pm	1-3:55pm	1-7:15pm		130pm	lane swim	1-3:55pm	1-7:15pm
2pm		Lazy River		2pm				2pm	1-7:15pm		
230pm				230pm				230pm			
3pm				3pm				3pm			
330pm				330pm				330pm			
430pm	open swim/ partial lanes	open swim	open swim	430pm				430pm			
5pm	4:30-8:30pm	4:30-8:30pm	3ft	5pm	open swim			5pm	open swim		
530pm	4:30-8:30pm	W, S, R, F	4:30-8:30pm	530pm	5:00-7:15pm			530pm	5:00-7:15pm		
6pm				6pm	W, S, R, F			6pm	W, S, R, F		
630pm		Lights and Music		630pm	Lights and Music			630pm	Lights and Music		
7pm		7-8:30		7pm	6:15-7:15			7pm	6:15-7:15		
730pm				730pm				730pm			
8pm				8pm				8pm			
830pm	adult lane			830pm				830pm			
9pm	swim		adult open swim	9pm				9pm			
930pm	8:30pm-9:00pm		8:45-9:00pm	930pm				930pm			

## A few helpful reminders...

Children under the age of 7yrs amust be within arms reach of a caregiver (16+) at all times while in the pool.

Caregivers can accompany a maximum of 3 children under the age of 7yrs.

Children under the age of 7yrs are not permitted in hot areas -- Sauna, Steam Room and Hot Tub (this includes sitting on the edge of the Hot Tub).

Children between the ages of 7-12yrs may use the Hot Tub while under the direct supervision of a caregiver.

Children 13yrs of age are welcome to use the Sauna, Steam Room and Hot Tub unsupervised.

Children between the ages of 7-9yrs must be supervised while using the pool. Caregivers are required to remain in the viewing area on deck while supervising. Children 10yrs and older are welcome to use the pool unaccompanied.

### Leisure Pool

**Kids Splash** - Water features available: Geysers, Pipe Falls, Lemon Drops and Tea Cup. The Lazy River will be available as per schedule.

**Family Swim** - Water features available: Waves, Lazy River, Geysers, Pipe Falls, Lemon Drops and Teacup.

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