



**Group Fitness Instructor – Aquatic Fitness  
Westhills YMCA-YWCA (Langford, BC)**

**Vacancies:** 1

**Position:** Casual

**Placement:** Immediate

**Wage:** \$29.20 per class

**Classes:** Mondays to Friday (mornings) 10:10 am – 11:10 am  
Mondays and Wednesday (evenings) 6:10 pm – 7:10 pm  
Sunday (morning) 9:10 am – 10:10 am

Opportunities to substitute/pick up additional classes throughout the week.

**Nature and Scope:**

The Group Fitness Instructor – Aquatic Fitness designs, modifies, and instructs safe, effective and appropriate aquatic fitness programs to meet the needs of members, community and special populations in a group fitness setting. They will ensure that members understand the benefits of exercise and feel comfortable with the fitness program. The successful candidate will perform work according to YMCA-YWCA values, objectives, policies, and health and safety and risk management programs. This casual position is entitled to an individual YMCA-YWCA membership.

**Responsibilities:**

- To engage, motivate and lead individuals in a group fitness class setting safely
- To plan, organize and implement lesson plans
- To demonstrate a commitment to safety in program delivery
- To ensure excellent customer service is provided
- Model appropriate behaviours in line with our Mission, Vision and Values
- Represent the Association in a professional manner
- Develop and maintain professional and courteous relationships with members and participants

**Qualifications:**

- YMCA Group Fitness Instructor – Aquatic Fitness certification (or equivalent; eg. BCRPA Aquatic Fitness certification)
- 1 year experience as a Group Fitness Instructor in group classes or an equivalent combination of education and experience is an asset
- Experience/training in multiple formats is an asset
- Current Standard First Aid and CPR C required
- A clear Police/RCMP Criminal Record Check with Vulnerable Sector Screening required

**Competencies:**

- Commitment to Health and Safety
- Commitment to Organization Vision and Values
- Customer Service
- Teamwork
- Communication

- Problem Solving
- Planning and Organization

**To Apply:** Please send a cover letter and resume to:

Human Resources  
YMCA-YWCA of Vancouver Island  
Email: [hr@vancouverislandy.ca](mailto:hr@vancouverislandy.ca)

***Please Note:***

- 1. Application Deadline:*** This posting will close when a suitable candidate has been found.
- 2. Please indicate in your cover letter how you heard about this position.***
- 3. Internal applicants are expected to inform their supervisor prior to application.***
- 4. We thank all applicants, but only short-listed candidates will be contacted.***

*The YMCA-YWCA of Vancouver Island is an equal opportunity employer.*