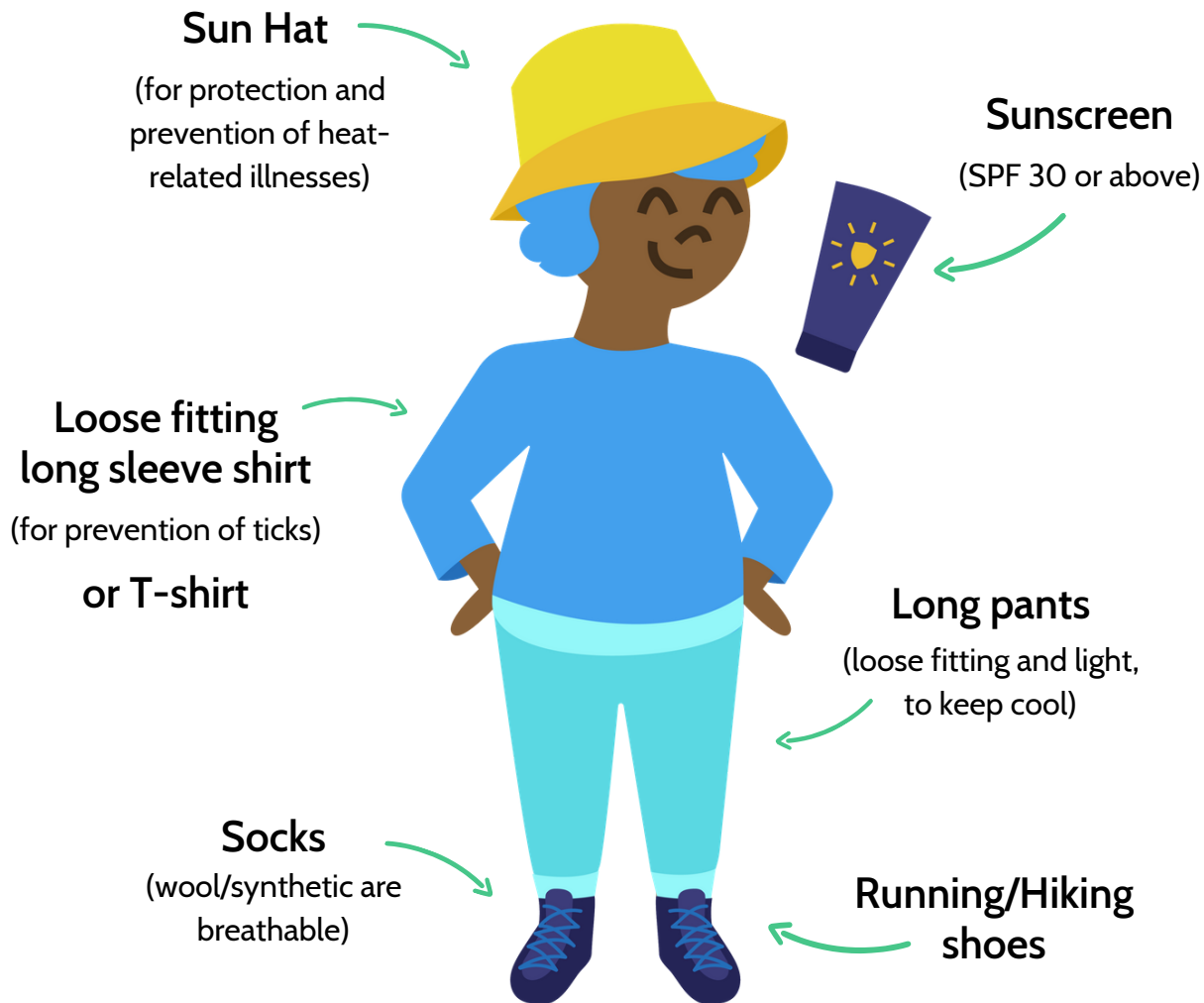


What to Wear for Outdoor Teaching and Learning



Warm Weather



HELPFUL TIPS

- TUCK IN all clothing - shirt into pants, pants into socks (for tick prevention)
- In your kit/when out on the land, pack bug repellent and sunscreen
- Pack extra clean hats and socks (in case someone needs dry ones)
- Bring spray bottles full of water to mist/cool down children/yourself
- Bring a water source for refills and cool downs



Cold Weather



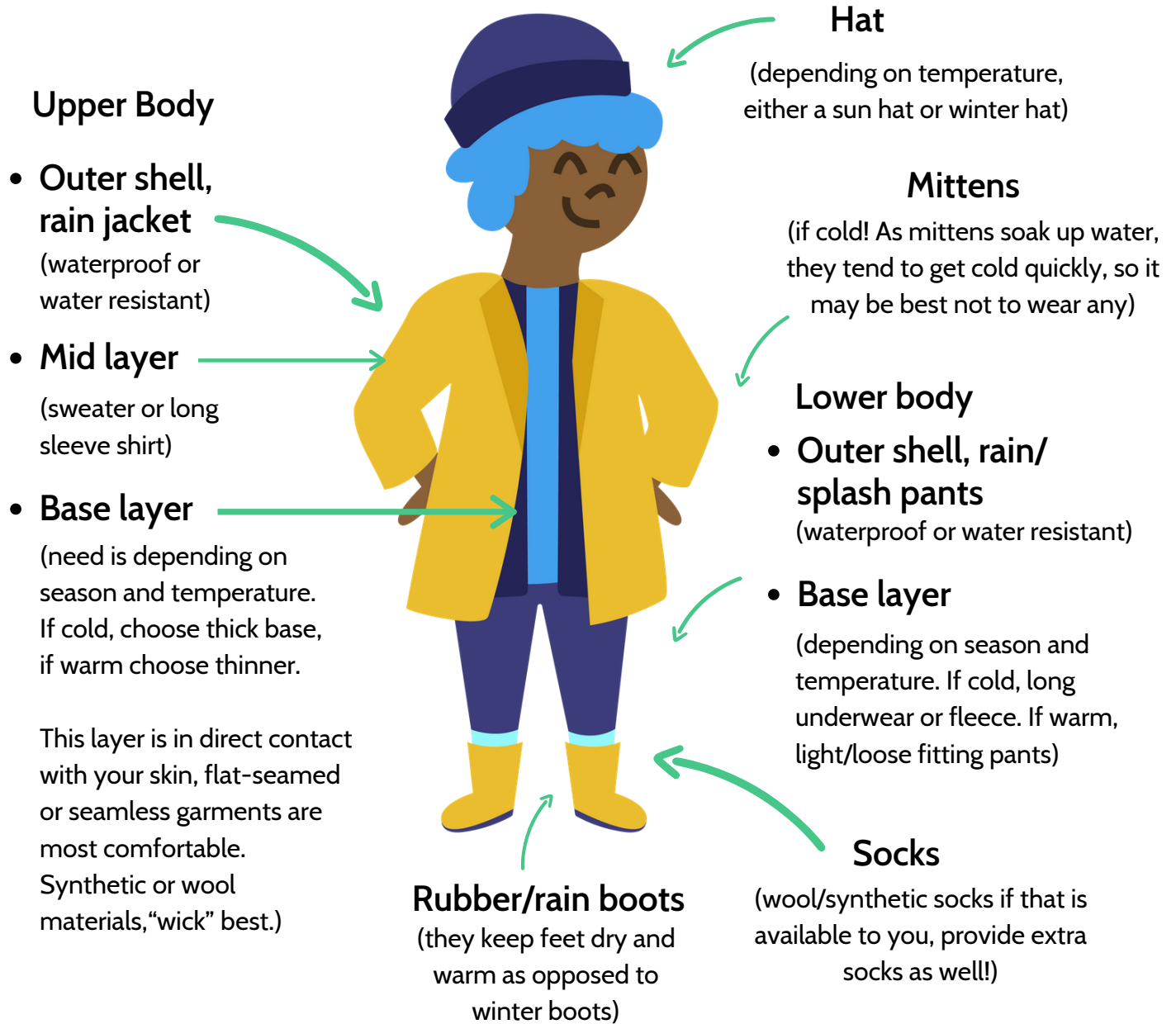
HELPFUL TIPS

- Hand warmers and feet warmers work well for instant warmth and relief!
- For educators, pack the following extra gear when in your kit/when out on a hike:
 - Socks, mittens, 2-3 pairs of winter boots, handful of grocery bags (these can be used to prevent further wetness, as they act as a protective layer in rubber boots/winter boots against further seepage. They can keep the new socks dry!

What to Wear for Outdoor Teaching and Learning



Wet Weather



HELPFUL TIPS

- For educators, pack the following extra gear when in your kit/when out on a hike:
 - socks, mittens, 2-3 pairs of rubber boots, handful of grocery bags (these can be used to prevent further wetness, as they act as a protective layer in rubber boots/winter boots against further seepage. They can keep the new dry socks dry!)