



**Program Fitness Staff**  
**Westhills YMCA-YWCA (Langford, BC)**

**Vacancies:** 2

**Position:** Permanent Part-Time

**Placement:** October 2021

**Salary:** \$15.55/hour (Fitness area hours rate); \$17.97/hour (Personal Coaching/Fitness class rate)

**Shifts:** 20-34 hours/week

Mondays, Tuesdays, Fridays 4-8pm

Tuesdays – Thursdays 6am – 11am

Saturdays 7:30am – 1pm

*\*Please note that these shifts are subject to change based on the needs of the branch.*

**Nature and Scope:**

The Program Fitness Staff will work collaboratively with other staff and volunteers, and are responsible for providing safe, fun and educational programs and service to members and participants in a fitness environment. A key function of their role is to assist individual members with their fitness programs, in a positive and professional manner. These staff will also build meaningful relationships through daily interaction with Y members, visitors, and colleagues; and work in collaboration with the Member Educator Staff to support member sales and retention efforts.

This permanent part-time position is entitled to a YMCA-YWCA individual membership; 15 days pro-rated vacation; paid sick days (per policy) and a cost-shared benefits package (after completion of the probationary period) which includes:

- Extended Health Care, Drug Plan, Dental, Vision, EAP
- Life Insurance and AD&D
- Long Term Disability
- YMCA Canada Pension Plan (eligible as per Plan requirements)

**Responsibilities:**

- Perform member orientations to the fitness facility and Personal Coaching Sessions
- Teach Group Fitness Classes
- Maintain an atmosphere of achievement that inspires self and others to succeed
- Ensure the safety of all members, participants, staff, and property by following YMCA-YWCA standards/policies/procedures and ensuring they are maintained amongst all members and staff
- Monitor commitment to service excellence by role modelling and maintaining YMCA SAM 2.1 standards
- Effectively support the operation of the facility, including opening and closing procedures
- Support the annual Strong Kids Campaign
- Adhere to YMCA Child Protection Policies and Procedures

**Qualifications:**

- YMCA Group Fitness Instructor, **or equivalent**, certification in minimum 1 stream required (Aquatic Fitness, Group Cardio, Group Strength, Group Cycle) (training will be provided for additional streams)
- OR
- YMCA Personal Training, **or equivalent**, certification required.
  - Excellent organizational, customer service and relationship building skills
  - Current Standard First Aid and CPR-C required
  - A clear Police/RCMP Criminal Record Check with Vulnerable Sector Screening required
  - **The YMCA/YWCA has implemented a mandatory COVID-19 vaccination policy requiring all staff and volunteers to be vaccinated – first dose by September 13, 2021, and second dose before October 24, 2021.**

**Competencies:**

- Commitment to Organization Vision and Values
- Commitment to Health and Safety
- Customer Service
- Teamwork
- Communication
- Problem Solving
- Planning and Organization

**To Apply:** Please send a cover letter and resume to:

Human Resources  
YMCA-YWCA of Vancouver Island  
Email: [hr@vancouverislandy.ca](mailto:hr@vancouverislandy.ca)

**Please Note:**

- 1. Application Deadline: This posting will close when suitable candidates have been found.**
- 2. Shortlisting: Applications will be short-listed for interviews as they are received.**
- 3. Please indicate in your cover letter how you heard about this position.**
- 4. We thank all applicants, but only short-listed candidates will be contacted.**

*The YMCA-YWCA of Vancouver Island is an equal opportunity employer.*