



# Downtown Y Aquatics Schedule

Fall 2022  
September 4-December 17, 2022

Monday		Tuesday		Wednesday		Thursday		
	Lane Pool	Leisure Pool		Lane Pool	Leisure Pool		Lane Pool	Leisure Pool
6am			6am			6am		
630am			630am			630am		
7am	Lane Swim 7:00-9:55am	Water Walk 7:00-9:55am	7am			7am		
730am			730am			730am		
8am			8am			8am		
830am			830am	Lane Swim 9:00am-1:00pm	Water Walk 9:00am-1:00pm <i>(Shared with Kid Splash 10:30-11:30am)</i>	830am		
9am			9am			9am	Deep Aquafit 9:00-10:00am	
930am			930am			930am		
10am	Aquafit 10:00-11:00am		10am			10am	Lane Swim 10:00am-1:00pm	Water Walk 10:00am-1:00pm <i>(Shared with Kid Splash 10:30-11:30am)</i>
1030am			1030am			1030am		
11am			11am			11am		
1130am	Lane Swim 11:30am-1:00pm	Water Walk 11:30am-1:00pm	1130am			1130am		
12noon			12noon			12noon		
1230pm			1230pm			1230pm		
1pm			1pm			1pm		
130pm			130pm			130pm		
2pm			2pm			2pm		
230pm			230pm			230pm		
3pm			3pm			3pm		
330pm	Lane Swim 3:30-7:15pm <i>(Shared with Family Swim 4:30-6:00pm)</i>	Water Walk 3:30-7:15pm <i>(Shared with Family Swim 4:30-6:00pm)</i>	330pm	Lane Swim 3:30-7:15pm	Water Walk 3:30-7:15pm <i>(Shared with Kid Splash 4:00-6:00pm)</i>	330pm	Lane Swim 3:30-7:15pm	Water Walk 3:30-7:15pm <i>(Shared with Kid Splash 4:00-6:00pm)</i>
4pm			4pm			4pm		
430pm			430pm			430pm		
5pm			5pm			5pm		
530pm			530pm			530pm		
6pm			6pm			6pm		
630pm			630pm			630pm		
7pm			7pm			7pm		
730pm			730pm			730pm		
Friday		Saturday		Sunday		Please Note:		
	Lane Pool	Leisure Pool		Lane Pool	Leisure Pool			
6am			6am			6am		
630am			630am			630am		
7am	Lane Swim 7:00-9:55am	Water Walk 7:00-9:55am	7am			7am		
730am			730am	Lane Swim 7:45am-2:00pm <i>(Shared with Family Swim 12:00-2:00pm)</i>	Water Walk 7:45am-2:00pm <i>(Shared with Kid Splash 10:00-11:00am and Family Swim 12:00-2:00pm)</i>	730am	Lane Swim 7:45am-2:00pm <i>(Shared with Family Swim 12:00-2:00pm)</i>	
8am			8am			8am		
830am			830am			830am		
9am			9am			9am		
930am			930am			930am		
10am	Aquafit 10:00-11:00am		10am			10am		
1030am			1030am			1030am		
11am			11am			11am		
1130am	Lane Swim 11:30am-1:00pm	Water Walk 11:30am-1:00pm	1130am			1130am		
12noon			12noon			12noon		
1230pm			1230pm			1230pm		
1pm			1pm			1pm		
130pm			130pm			130pm		
2pm			2pm			2pm		
230pm			230pm			230pm		
3pm			3pm			3pm		
330pm			330pm			330pm		
4pm			4pm			4pm		
430pm			430pm			430pm		
5pm			5pm			5pm		
530pm			530pm			530pm		
6pm			6pm			6pm		
630pm			630pm			630pm		
7pm			7pm			7pm		
730pm			730pm			730pm		

**Please Note:**  
Schedule is subject to change, without notice. There is currently an industry-wide staffing shortage in aquatics; while we do our best to maintain a consistent schedule there will be times when we are forced to adjust the schedule without notice.

Lane reservations (through the VIY App) are strongly recommended. Those with reservations will be notified of schedule changes/cancellations as a result of the ongoing industry wide aquatic staffing shortage.

Reservations, through the Online Service Portal on the website, are required for Kids Splash and Family Swims.

Program/Class Descriptions available online, click [here](#).

Reservations for Aquafit, click [here](#).

Reservations for Lane Swim and Water Walk, click [here](#).

Registration for Kids Splash and Family Swim, click [here](#).

\*No Water Walking in Leisure Pool during Gentle Fit classes.

Updated Nov 7, 2022