

# Westhills Y Aquatics Schedule

Summer 2022  
 June 27-August 31, 2022  
 (Pool Shutdown September 1-18, 2022)

Monday				Tuesday				Wednesday				Thursday			
Lane Pool	Leisure Pool	Therapy Pool	Hot areas	Lane Pool	Leisure Pool	Therapy Pool	Hot areas	Lane Pool	Leisure Pool	Therapy Pool	Hot areas	Lane Pool	Leisure Pool	Therapy Pool	Hot areas
6am Lane Swim 6:15-9:30am		Therapy/Water Walk 4ft 6:15-9:30am	Open 6:15-9:30am	6am Lane Swim 6:15-9:30am		Therapy/Water Walk 4ft 6:15-9:30am	Open 6:15-9:30am	6am Lane Swim 6:15-9:30am		Therapy/Water Walk 4ft 6:15-9:30am	Open 6:15-9:30am	6am Lane Swim 6:15am-7:30pm		Therapy/Water Walk 4ft 6:15-11:15am	Open 6:15am-7:30pm
7am				7am				7am				7am			
7:30am				7:30am				7:30am				7:30am			
8am				8am				8am				8am			
8:30am				8:30am				8:30am				8:30am			
9am				9am				9am				9am			
9:30am		CLOSED 9:30-10:00		9:30am		CLOSED 9:30-10:00		9:30am		CLOSED 9:30-10:00		9:30am			
10am	AquaFit 10:00-11:00am	Kids Splash 10:00-11:00am	Open 10:00-11:00am	10am	AquaFit 10:00-11:00am	Kids Splash 10:00-11:00am	Open 10:00-11:00am	10am	AquaFit 10:00-11:00am	Kids Splash 10:00-11:00am	Open 10:00-11:00am	10am			
10:30am				10:30am				10:30am				10:30am			
11am		CLOSED 11:00-11:15		11am		CLOSED 11:00-11:15		11am		CLOSED 11:00-11:15		11am			
11:30am	Lane Swim 11:15am-6:15pm	Water Walk 11:15am-12:30pm	Parent and Tot Splash 4ft 11:15am-1:15pm	11:30am	Lane Swim 11:15am-7:30pm	Water Walk 11:15-12:30pm	Parent and Tot Splash 4ft 11:15am-1:15pm	11:30am	Lane Swim 11:15am-6:15pm	Water Walk 11:15-12:30pm	Parent and Tot Splash 4ft 11:15am-1:15pm	11:30am	Water Walk 11:15-12:30pm	Parent and Tot Splash 4ft 11:15am-1:15pm	
12noon				12noon				12noon				12noon			
12:30pm				12:30pm				12:30pm				12:30pm			
1pm				1pm				1pm				1pm			
1:30pm				1:30pm				1:30pm				1:30pm			
2pm				2pm				2pm				2pm			
2:30pm				2:30pm				2:30pm				2:30pm			
3pm		Kid Splash 2:30-4:00pm	Splash 4ft 2:30-4:00pm	3pm				3pm				3pm			
3:30pm		spray features, river and therapy pool	1:15-6:30	3:30pm				3:30pm				3:30pm			
4pm				4pm				4pm				4pm			
4:30pm		Kid Splash 4:30-6:30pm		4:30pm				4:30pm				4:30pm			
5pm		spray features, river and therapy pool		5pm				5pm				5pm			
5:30pm				5:30pm				5:30pm				5:30pm			
6pm				6pm				6pm				6pm			
6:30pm	AquaFit 6:30-7:30pm		Open 6:30-7:30pm	6:30pm				6:30pm	AquaFit 6:30-7:30pm		Open 6:30-7:30pm	6:30pm			
7pm				7pm				7pm				7pm			
7:30pm				7:30pm				7:30pm				7:30pm			
Friday				Saturday				Sunday				Please Note:			
Lane Pool	Leisure Pool	Therapy Pool	Hot areas	Lane Pool	Leisure Pool	Therapy Pool	Hot areas	Lane Pool	Leisure Pool	Therapy Pool	Hot areas	Schedule is subject to change, without notice. There is currently an industry-wide staffing shortage in aquatics; while we do our best to maintain a consistent schedule there will be times when we are forced to adjust the schedule without notice.			
6am Lane Swim 6:15-9:30am		Therapy/Water Walk 4ft 6:15-9:30am	Open 6:15-9:30am	6am				6am				Lane reservations (through the YV App) are strongly recommended. Those with reservations will be notified of schedule changes/cancellations as a result of the ongoing industry wide aquatic staffing shortage.			
7am				7am				7am				Reservations, through the Online Service Portal on the website, are required for Kid Splash and Family Swims.			
7:30am				7:30am				7:30am				Hot areas includes Steam Room, Sauna and Hot Tub.			
8am				8am				8am				**The Steam Room is closed for cleaning from 2:00-2:30 Monday-Friday. The Hot tub and Sauna are open during this time.			
8:30am				8:30am				8:30am				Program/Class Descriptions available online, click <a href="#">here</a> .			
9am				9am				9am				Reservations for AquaFit, click <a href="#">here</a> .			
9:30am		CLOSED 9:30-10:00		9:30am				9:30am				Reservations for Lane Swim, Water Walk and Therapy Pool, click <a href="#">here</a> .			
10am	AquaFit 10:00-11:00am	Kids Splash 10:00am-11:00pm	Open 10:00-11:00am	10am				10am				Registration for Kids Splash, Family Swim and Parent and Tot Splash, click <a href="#">here</a> .			
10:30am				10:30am				10:30am				The Westhills Y Pools will be closed for annual maintenance from September 1st-18th, 2022. The pools will re-open on Monday September 19th at 6:15am.			
11am		CLOSED 11:00-11:15		11am				11am				Updated June 28, 2022			
11:30am	Lane Swim 11:15am-7:30pm	Water Walk 11:15-12:30pm	Parent and Tot Splash 4ft 11:15am-2:15pm	11:30am	Lane Swim 10:30-12:30pm	Kid Splash 10:30am-12:30pm spray features, river and therapy pool	Open 11:15am-7:30pm	11:30am	Lane Swim 8:00am-12:30pm		Open 8:00am-12:30pm	11:30am			
12noon				12noon				12noon				12noon			
12:30pm				12:30pm				12:30pm				12:30pm			
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2:30pm				2:30pm				2:30pm				2:30pm			
3pm				3pm				3pm				3pm			
3:30pm		Family Swim 2:30-4:00 spray features, river and waves		3:30pm				3:30pm				3:30pm			
4pm				4pm				4pm				4pm			
4:30pm				4:30pm				4:30pm				4:30pm			
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7pm				7pm				7pm				7pm			
7:30pm				7:30pm				7:30pm				7:30pm			

YMCA-YWCA WESTHILLS  
 1319 Westhills Drive  
 Langford, BC V9B 0S2