



## **Team Leader - Fitness – Updated Wage Rates effective January 1, 2023 Downtown Victoria YMCA-YWCA**

**Vacancies:** 1

**Position:** Permanent Part Time

**Placement:** December 2022

**Wage:** Starting at \$23.66/hour, increasing to \$24.72/hour after the successful completion of a 6 month probationary period.

**Schedule:** Sunday to Wednesday work week.

Sundays 7:15am – 12:15pm

Monday to Wednesday 8:00am-1:00pm

*(Please note that the above shifts are subject to change; a flexible schedule is required, with the ability to work opening/closing shifts and some statutory holidays as needed.)*

### **Nature and Scope:**

The Team Leader - Fitness, is a dynamic leader who ensures that professional standards are demonstrated and applied in all related YMCA-YWCA classes, programs and services. Emphasis is placed on the ability to effectively support and deliver high quality group and individual fitness programming. The successful candidate will be highly motivated, organized, resourceful and capable of maintaining a positive, caring, service-oriented environment.

Reporting to the Program Coordinator, this person will work as a member of the Health, Fitness and Aquatics staff team.

### **Responsibilities:**

- Assist the Program Coordinator to organize, schedule and supervise the operation of Fitness Orientations, Personal Coaching Sessions and Group Fitness classes
- Deliver Fitness Orientations, Personal Coaching Sessions and teach group fitness classes
- Ensure staff and volunteers maintain required up-to-date certification, facilitate and recommend professional development workshops and facilitate in-service training programs
- Adhere to the Association program plan and YMCA SAM Standards in program and service delivery
- Provide on-going supervision of the program area ensuring proper behaviour, correct use of facility and that members are aware of and adhere to YMCA-YWCA policies and the Member Code of Conduct
- Participate in annual campaign events and fundraising initiatives
- Educate members and the public regarding safe exercise habits and ensure all safety and proper exercise procedures are followed
- Take an active role in the recruitment, training and development of volunteer instructors
- Serve as the Duty Manager for the branch as required

**Qualifications:**

- Must have YMCA Group Fitness – Strength certification (or equivalent), and will be required to get 1 of the other following certifications within the first year of employment in this position (training will be provided):
  - YMCA Cardio
  - YMCA Aquatic Fitness
- YMCA Personal Trainer certification (or equivalent) an asset
- University Degree or College Diploma in a related field an asset
- Current Standard First Aid and CPR C required
- A clear Police/RCMP Criminal Record Check with Vulnerable Sector Screening required (prior to start date – not required at the application stage).
- The YMCA/YWCA has implemented a mandatory COVID-19 vaccination policy requiring all staff and volunteers to be fully vaccinated.
- Excellent customer service skills
- Strong computer skills (Word, Excel, Outlook); registration software is an asset
- Minimum 1 years of health and fitness program related experience; experience supervising staff and volunteers

**Competencies:**

- Commitment to Organization Vision and Values
- Leadership
- Commitment to Health and Safety
- Conflict Resolution
- Coaching and Development
- Service Attitude/Customer Focus
- Relationship Building
- Communication
- Teamwork

**To Apply:** Please send a cover letter and resume to:

Human Resources  
YMCA-YWCA of Vancouver Island  
**Email:** [hr@vancouverislandy.ca](mailto:hr@vancouverislandy.ca)

**Please Note:**

1. *Application Deadline: This posting will close when a suitable candidate has been found.*
2. *Please indicate in your cover letter how you heard about this position.*
3. *Internal applicants are expected to inform their supervisor prior to application.*
4. *We thank all applicants, but only short-listed candidates will be contacted.*

*The YMCA-YWCA of Vancouver Island is an equal opportunity employer.*