



YMCA-YWCA
Vancouver Island

**Volunteer Group Fitness Instructor – Tai Chi
Downtown YMCA-YWCA (Victoria, BC)**

Vacancies: 1

Placement: Immediately

Position: Volunteer

Hours: Tuesday or Thursday, mid morning

Nature and Scope:

The Volunteer Group Fitness Instructor – Tai Chi designs, modifies, and instructs safe, effective and appropriate Tai Chi programs to meet the needs of members, community and special populations in a group fitness setting. Reporting to the Program Coordinator – Fitness at the Downtown Y, the Volunteer Group Fitness Instructor – Tai Chi ensures participants follow proper technique and feel comfortable with the Tai Chi routine. The volunteer will perform work according to YMCA-YWCA values, objectives, policies, and health and safety and risk management programs.

Responsibilities:

- To engage, motivate and lead individuals in a group fitness class setting safely
- To plan, organize and implement lesson plans
- To demonstrate a commitment to safety in program delivery
- To ensure excellent customer service is provided
- Model appropriate behaviours in line with our Mission, Vision and Values
- Represent the Association in a professional manner
- Develop and maintain professional and courteous relationships with members and participants

Qualifications:

- High School graduation/diploma
- Group Fitness Instructor certification in Tai Chi; experience as a group fitness instructor an asset
- Current CPR A required
- A clear Police/RCMP Criminal Record Check with Vulnerable Sector Screening required: FREE TO OBTAIN FOR VOLUNTEERING
- The YMCA-YWCA has implemented a mandatory COVID-19 vaccination policy requiring all staff and volunteers to be fully vaccinated (2 doses)

To Apply: Please send a cover letter and resume to:

Human Resources
YMCA-YWCA of Vancouver Island
Email: hr@vancouverislandy.ca

Please Note:

1. **Application Deadline:** This posting will close when a suitable candidate has been found.
2. **We thank all applicants, but only short-listed candidates will be contacted.**

The YMCA-YWCA of Vancouver Island is an equal opportunity employer.