



## Program Fitness Staff Westhills YMCA-YWCA (Langford, BC)

**Vacancies:** 1-2

**Position:** Casual

**Placement:** As soon as possible

**Hourly Wages by Role:** Fitness Floor \$18.25/hour; Personal Coaching / Class Instruction \$20.33/hour

**Shifts:** Wednesdays, Fridays, Saturdays 8:30am – 1:30pm; Thursdays 4-9pm (Potential for additional shifts)

*\*Please note that these shifts are subject to change based on the needs of the branch.*

### **Nature and Scope:**

The Program Fitness Staff will work collaboratively with other staff and volunteers, and are responsible for providing safe, fun, and educational programs and service to members and participants in a fitness environment. A key function of their role is to assist individual members with their fitness programs, in a positive and professional manner. These staff will also build meaningful relationships through daily interaction with Y members, visitors, and colleagues; and work in collaboration with the Member Educator Staff to support member sales and retention efforts.

This casual position is entitled to an individual YMCA-YWCA membership

### **Responsibilities:**

- Perform member orientations to the fitness facility and Personal Coaching Sessions
- Maintain an atmosphere of achievement that inspires self and others to succeed
- Ensure the safety of all members, participants, staff, and property by following YMCA-YWCA standards/policies/procedures and ensuring they are maintained amongst all members and staff
- Monitor commitment to service excellence by role modelling and maintaining YMCA SAM 2.1 standards
- Effectively support the operation of the facility, including opening and closing procedures
- Teach Group Fitness Classes
- Support the annual Strong Kids Campaign
- Adhere to YMCA Child Protection Policies and Procedures

### **Qualifications:**

- YMCA Personal Training, **or equivalent**, certification required.
- YMCA Group Fitness Instructor, or equivalent an asset
- Excellent organizational, customer service and relationship building skills
- Current Standard First Aid and CPR-C required
- A clear Police/RCMP Criminal Record Check with Vulnerable Sector Screening required
- The YMCA-YWCA has implemented a mandatory COVID-19 vaccination policy requiring all staff and volunteers to be fully vaccinated.

**Competencies:**

- Commitment to Organization Vision and Values
- Commitment to Health and Safety
- Customer Service
- Teamwork
- Communication
- Problem Solving
- Planning and Organization

**To Apply:** Please send a cover letter and resume to:

Human Resources  
YMCA-YWCA of Vancouver Island  
**Email:** [hr@vancouverislandy.ca](mailto:hr@vancouverislandy.ca)

**Please Note:**

- 1. Application Deadline:** *This posting will close when suitable candidates have been found.*
- 2. Shortlisting:** *Applications will be short-listed for interviews as they are received.*
- 3.** *Please indicate in your cover letter how you heard about this position.*
- 4.** *We thank all applicants, but only short-listed candidates will be contacted.*

***The YMCA-YWCA of Vancouver Island is an equal opportunity employer.***