



**Group Fitness Instructor – Aquatic Fitness
Westhills YMCA-YWCA (Langford, BC)**

Vacancies: 2

Position: Casual

Placement: As soon as possible

Wage: \$33.50 per class

Classes: Weekday mid-morning (10am – 11am)

Nature and Scope:

The Group Fitness Instructor – Aquatic Fitness designs, modifies, and instructs safe, effective and appropriate aquatic fitness programs to meet the needs of members and participants in a group fitness setting. They will ensure that members understand the benefits of exercise and feel comfortable with the fitness program. The successful candidate will perform work according to YMCA-YWCA values, objectives, policies, and health and safety and risk management programs. This casual position is entitled to an individual YMCA-YWCA membership.

Responsibilities:

- To engage, motivate and lead individuals in a group fitness class setting safely
- To plan, organize and implement lesson plans
- To demonstrate a commitment to safety in program delivery
- To ensure excellent customer service is provided
- Model appropriate behaviours in line with our Mission, Vision and Values
- Represent the Association in a professional manner
- Develop and maintain professional and courteous relationships with members and participants

Qualifications:

- YMCA Group Fitness Instructor – Aquatic Fitness certification or equivalent; (eg. BCRPA Aquatic Fitness certification, CALA)
- CPR (A) certification
- 1 year experience as a Group Fitness Instructor in group classes or an equivalent combination of education and experience is an asset
- A clear Police/RCMP Criminal Record Check with Vulnerable Sector Screening required (prior to start date – not required at the application stage).

Competencies:

- Commitment to Health and Safety
- Commitment to Organization Vision and Values
- Customer Service
- Teamwork
- Communication
- Problem Solving
- Planning and Organization

To Apply: Please send a cover letter and resume to:

Human Resources
YMCA-YWCA of Vancouver Island
Email: hr@vancouverislandy.ca

Please Note:

1. *Application Deadline: This posting will close when a suitable candidate has been found.*
2. *Please indicate in your cover letter how you heard about this position.*
3. *Internal applicants are expected to inform their supervisor prior to application.*
4. *We thank all applicants, but only short-listed candidates will be contacted.*

The YMCA-YWCA of Vancouver Island is an equal opportunity employer.