



## Camp Thunderbird, Y Outdoor Centre

### Communicable Disease Plan

*We continue to monitor Public Health Orders and Recommendations, though we may determine that the risk profile at our organization warrants exceeding Public Health requirements. Last update: Dec 13, 2023.*

## Prevention

### Hygiene and Facility Cleaning

- Handwashing and/or hand sanitizer will be used/offered
  - Before eating
  - Before and after using the bathroom or outhouse
  - Any other time staff/campers request or need.
- Cleaning protocols
  - Shared equipment is cleaned and maintained regularly.
  - Shared bathrooms, taps/handwashing stations are also cleaned throughout the day.
  - Accommodations are cleaned by our staff between each group.

### Personal Protective Equipment

- Mask wearing is optional
- All appropriate PPE will be available for first aid or other situations requiring PPE

### Vaccination and COVID-19 testing

- Vaccination is not required for campers.
- Vaccination is strongly encouraged for all staff.
- COVID-19 rapid tests are available at camp should staff or campers experience symptoms of COVID-19.

### Group sizes and ratios

- Activity and cabin groups
  - Outdoor Education activities take place in groups of 14 students, one school chaperone and one camp staff.
  - Summer Camp activities will take place in small groups of 8-10 campers, with two staff.
  - Most larger gatherings take place outdoors.
  - Groups will be together in the dining hall while eating, or for rainy day activities.
- Sleeping arrangements
  - Ventilation will be maximized by opening doors and windows whenever possible.
  - Cabins accommodate up to 12 people.
- Dining hall procedures
  - Everyone will wash and sanitize their hands prior to eating and after using the bathroom.
  - Doors and windows will be kept open as much as possible.
  - Participants will sit at tables of up to 10 at a table.



- Food service is Family Style, meaning that each table will be given a shared tray/bowl of food and each person at the table can serve themselves with a provided utensil.

### Symptom screening

- Symptoms that may indicate a communicable disease include (but are not limited to):
  - Cough
  - Sore throat
  - Fever/chills
  - Runny nose
  - Headache
  - Abdominal pain/discomfort
  - Vomiting/diarrhea
  - Fatigue
  - Rash, accompanied by one of the above symptoms
- Staff self-screen prior to coming to work.
- Families are expected to screen their children prior to sending them to Camp Thunderbird.
- Any symptoms not related to allergies, or an ongoing condition will need to be resolved prior to coming to camp (see more information below).
- All staff and campers must stay home if showing new signs of communicable disease.

## Response to communicable disease

### If symptoms develop prior to attending camp

- Camper/staff cannot attend camp until:
  - Their fever is gone without the use of fever-reducing medications (e.g., Tylenol, Advil), **AND**
  - They are feeling better (e.g., improvement in runny nose, sore throat, nausea, vomiting, diarrhea, fatigue), **AND** 5 days has passed. **OR** their symptoms are completely gone in a period fewer than 5 days.
- AND**
- They can show proof of a negative COVID-19 test that was completed on the day they wish to return.

### If symptoms develop at camp

- The individual and their belongings, will be isolated in one of our yurts or cabins, and cared for by school chaperones (outdoor education) or camp staff (summer), wearing a mask, until arrangements can be made for them to go home.
- The school representatives or camp staff will contact parents/caregivers to collect the sick person from camp.
- This person will not be allowed to return to camp until the conditions above are met.