



**Group Fitness Instructor - BOOTCAMP
Westhills YMCA-YWCA (Langford, BC)**

Vacancies: 3

Placement: October 2024

Position: Casual

Salary: \$34.80 per one-hour class

Hours: Sunday and Friday at 9:15 – 10:15am, Monday to Friday 12:15pm - interval classes

Nature and Scope:

The Group Fitness Instructor - Bootcamp designs, modifies, and instructs safe, effective and appropriate Bootcamp fitness programs to meet the needs of members, community and special populations in a group fitness setting. The Group Fitness Instructor - Bootcamp ensures members understand benefits of exercise and feel comfortable with the fitness program. The Group Fitness Instructor - Bootcamp performs work according to YMCA-YWCA values, objectives, policies, and health and safety and risk management programs.

This casual position is entitled to an individual YMCA-YWCA membership.

Responsibilities:

- To engage, motivate and lead individuals in a group fitness class setting safely
- To plan, organize and implement lesson plans
- To demonstrate a commitment to safety in program delivery
- To ensure excellent customer service is provided
- Model appropriate behaviours in line with our Mission, Vision and Values
- Represent the Association in a professional manner
- Develop and maintain professional and courteous relationships with members and participants

Qualifications:

- High School graduation/diploma
- YMCA Group Cardio Instructor or YMCA Group Strength Instructor certification (or equivalent relevant certification)
- Experience as a fitness instructor with group classes is an asset
- Experience and/or training in multiple fitness formats is an asset
- Current CPR (A) Certification
- A clear Police/RCMP Criminal Record Check with Vulnerable Sector Screening required (prior to start date- not required at the application stage)

Competencies:

- Commitment to Health and Safety
- Commitment to Organization Vision and Values
- Customer Service
- Teamwork
- Communication
- Problem Solving
- Planning and Organization

To Apply: Please send a cover letter and resume to:

Human Resources
YMCA-YWCA of Vancouver Island
Email: hr@vancouverislandy.ca

Please Note:

- 1. Application Deadline: This posting will close when suitable candidates have been found.***
- 2. Please indicate in your cover letter how you heard about this position.***
- 3. Internal applicants are expected to inform their supervisor prior to application.***
- 4. We thank all applicants, but only short-listed candidates will be contacted.***

The YMCA-YWCA of Vancouver Island is an equal opportunity employer.