



**Group Fitness Instructor - Cyclefit
Westhills YMCA-YWCA (Langford, BC)**

Vacancies: 1

Placement: as soon as possible

Position: Casual

Salary: \$35.70 per one-hour class

Hours: Wednesday or Thursday at 9:15am – 10:05am

additional hours may be available for class coverage and substitutions

Nature and Scope:

The Group Fitness Instructor – Cyclefit designs, modifies, and instructs safe, effective and appropriate Cyclefit fitness programs to meet the needs of members, community and special populations in a group fitness setting. The Group Fitness Instructor – Cyclefit ensures members understand benefits of exercise and feel comfortable with the fitness program. The Group Fitness Instructor – Cyclefit will perform work according to YMCA-YWCA values, objectives, policies, and health and safety and risk management programs.

This casual position is entitled to an individual YMCA-YWCA membership.

Responsibilities:

- To engage, motivate and lead individuals in a group fitness class setting safely
- To plan, organize and implement lesson plans
- To demonstrate a commitment to safety in program delivery
- To ensure excellent customer service is provided
- To model appropriate behaviours in line with our Mission, Vision and Values
- Represent the Association in a professional manner
- Develop and maintain professional and courteous relationships with members and participants

Qualifications:

- High School graduation/diploma
- YMCA Group Cyclefit Instructor certification (or equivalent relevant certification)
- Experience as a fitness instructor with group classes is an asset
- Experience and/or training in multiple fitness formats is an asset
- Current CPR (A) Certification
- A clear Police/RCMP Criminal Record Check with Vulnerable Sector Screening required (prior to start date- not required at the application stage)

Competencies:

- Commitment to Health and Safety
- Commitment to Organization Vision and Values
- Customer Service
- Teamwork
- Communication
- Problem Solving
- Planning and Organization

To Apply: Please send a cover letter and resume to:

Human Resources
YMCA-YWCA of Vancouver Island
Email: hr@vancouverislandy.ca

Please Note:

- 1. Application Deadline:** *This posting will close when suitable candidates have been found.*
- Please indicate in your cover letter how you heard about this position.*
- We thank all applicants, but only short-listed candidates will be contacted.*

The YMCA-YWCA of Vancouver Island is an equal opportunity employer.