

Member Access and Parking

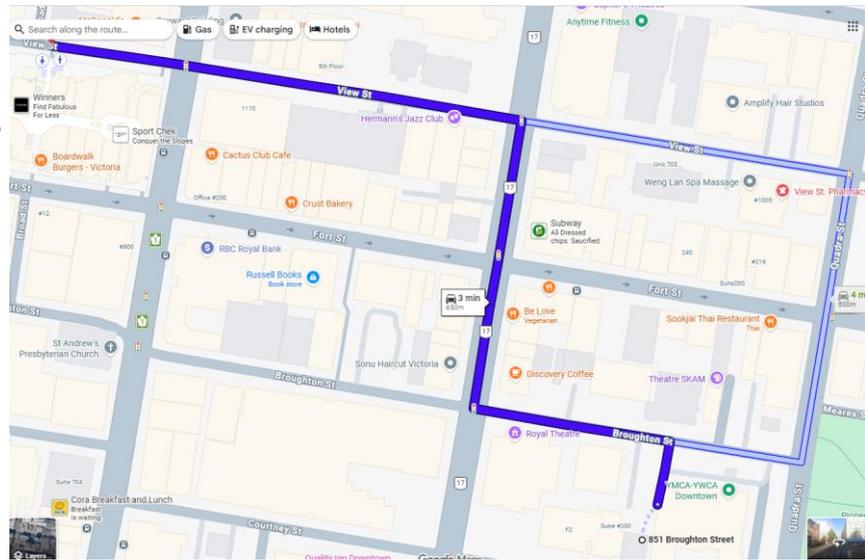
Downtown Y at Bay Centre (1150 Douglas Street)

Member Parking

Members enter their license plate number on a tablet at entrance to the Y to receive **2 hours free parking**. Limit of once per day.

FREE PARKING: After 4pm Monday – Friday

The parkade is accessed from View Street



Member access after mall hours:

After hours access to the Downtown Y is through the **View St entrance only**. Members are required to present their membership card to the security guard for entry. If a member has forgotten their card, they may inform the security guard that they are here for the Y

Current hours the mall is closed (last updated March 2026):

Monday – Friday 6am-8am

Monday – Wednesday after 6pm

Thurs – Friday after 7pm

Saturday & Sunday 7:30am-8am

Note: mall hours change in the summer months and in December

Outside of these hours all entrances to the mall are open.