



**YMCA-YWCA
Vancouver Island**

**Volunteer Group Fitness Instructor – Yoga
Downtown YMCA-YWCA (Victoria, BC)**

Vacancies: 1

Placement: Immediate

Position: Volunteer

Nature and Scope:

The Volunteer Group Fitness Instructor – Yoga designs, modifies, and instructs safe, effective and appropriate Yoga programs to meet the needs of members, community and special populations in a group fitness setting. Reporting to the Program Coordinator – Fitness at the Downtown Y, the Volunteer Group Fitness Instructor – Yoga ensures members understand the benefits of exercise and feel comfortable with the fitness program. The volunteer will perform work according to YMCA-YWCA values, objectives, policies, and health and safety and risk management programs.

Responsibilities:

- To engage, motivate and lead individuals in a group fitness class setting safely
- To plan, organize and implement lesson plans
- To demonstrate a commitment to safety in program delivery
- To ensure excellent customer service is provided
- Model appropriate behaviours in line with our Mission, Vision and Values
- Represent the Association in a professional manner
- Develop and maintain professional and courteous relationships with members and participants

Qualifications:

- YMCA Group Fitness Instructor certification – Yoga or equivalent relevant Yoga certification
- 1-year experience as a Group Fitness Instructor with group classes or an equivalent combination of education and experience
- Experience and/or training in multiple fitness formats is an asset
- Current CPR A required
- A clear Police/RCMP Criminal Record Check with Vulnerable Sector Screening required: FREE TO OBTAIN FOR VOLUNTEERING

To Apply: Please send a cover letter and resume to:

Human Resources
YMCA-YWCA of Vancouver Island
Email: jobs@vancouverislandy.ca

Please Note:

1. **Application Deadline:** This posting will close when a suitable candidate has been found.
2. **We thank all applicants, but only short-listed candidates will be contacted.**

The YMCA-YWCA of Vancouver Island is an equal opportunity employer.